25 – 29 July 2022
Athens, **GREECE**

FORTE
FEDERATION OF ORTHOPAEDIC AND TRAUMA TRAINEES IN EUROPE

5th FORTE Summer School

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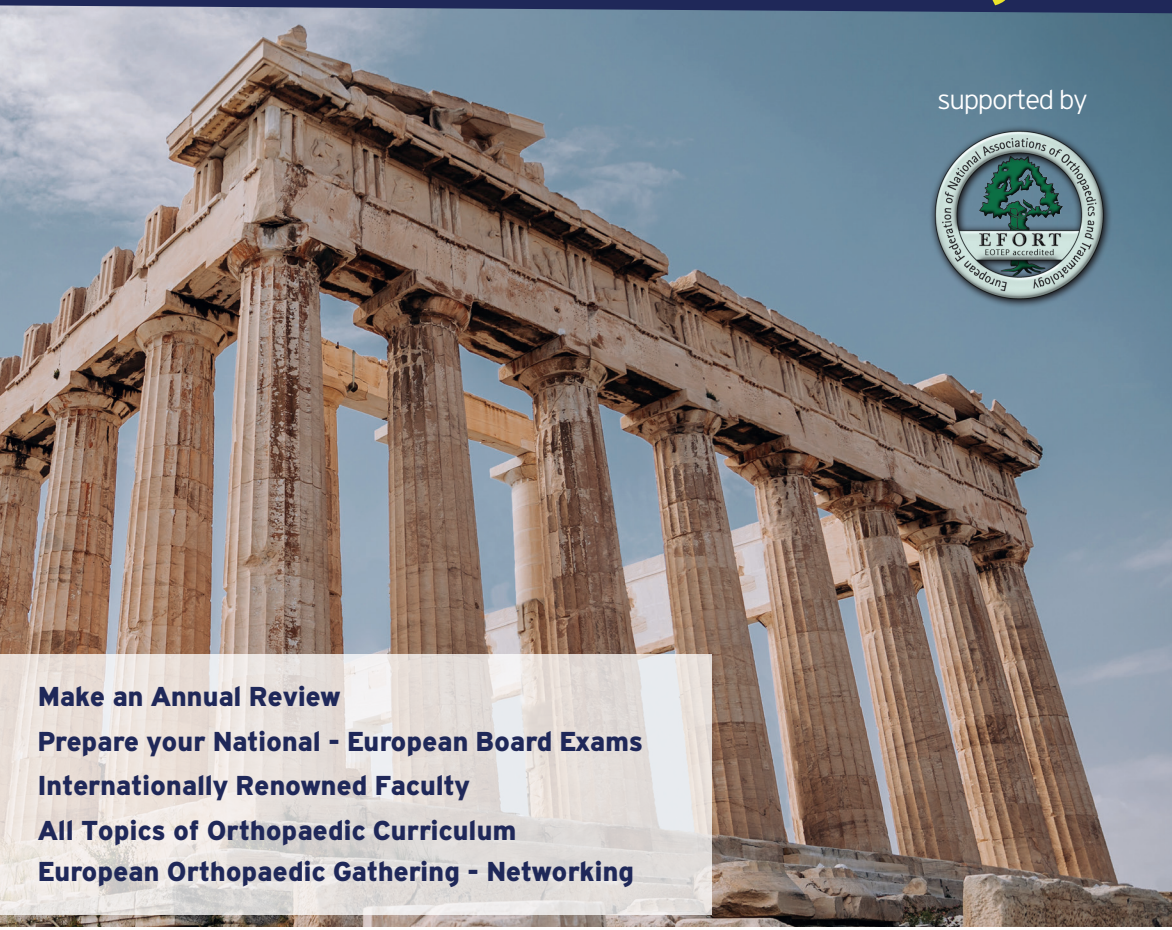
SCIENTIFIC Program



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European Federation of National Associations of Orthopaedics and Traumatology
EFORT
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Prepare your National - European Board Exams
Internationally Renowned Faculty
All Topics of Orthopaedic Curriculum
European Orthopaedic Gathering - Networking

Under the Patronage of

EPOS European Paediatric Orthopaedic Society
EUROSPINE
EMSOS European Musculo-Skeletal Oncology Society
SECEC ESSSE
EHS European Hip Society
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COMMITTEES

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Vice President	Mathias Nagy (UK)
Secretary General	Freek Hollman (NL)
Treasurer	Marko Ostojic (BIH)
Immediate Past President	Jasmin Diallo (CH)

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Freek Hollman
Michele Mercurio
Mathias Nagy
Marko Ostojic
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Local Host Organizing Committee

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Members:
Dimitrios Flevas
Jim Georgoulis
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Dimitrios Tzefronis
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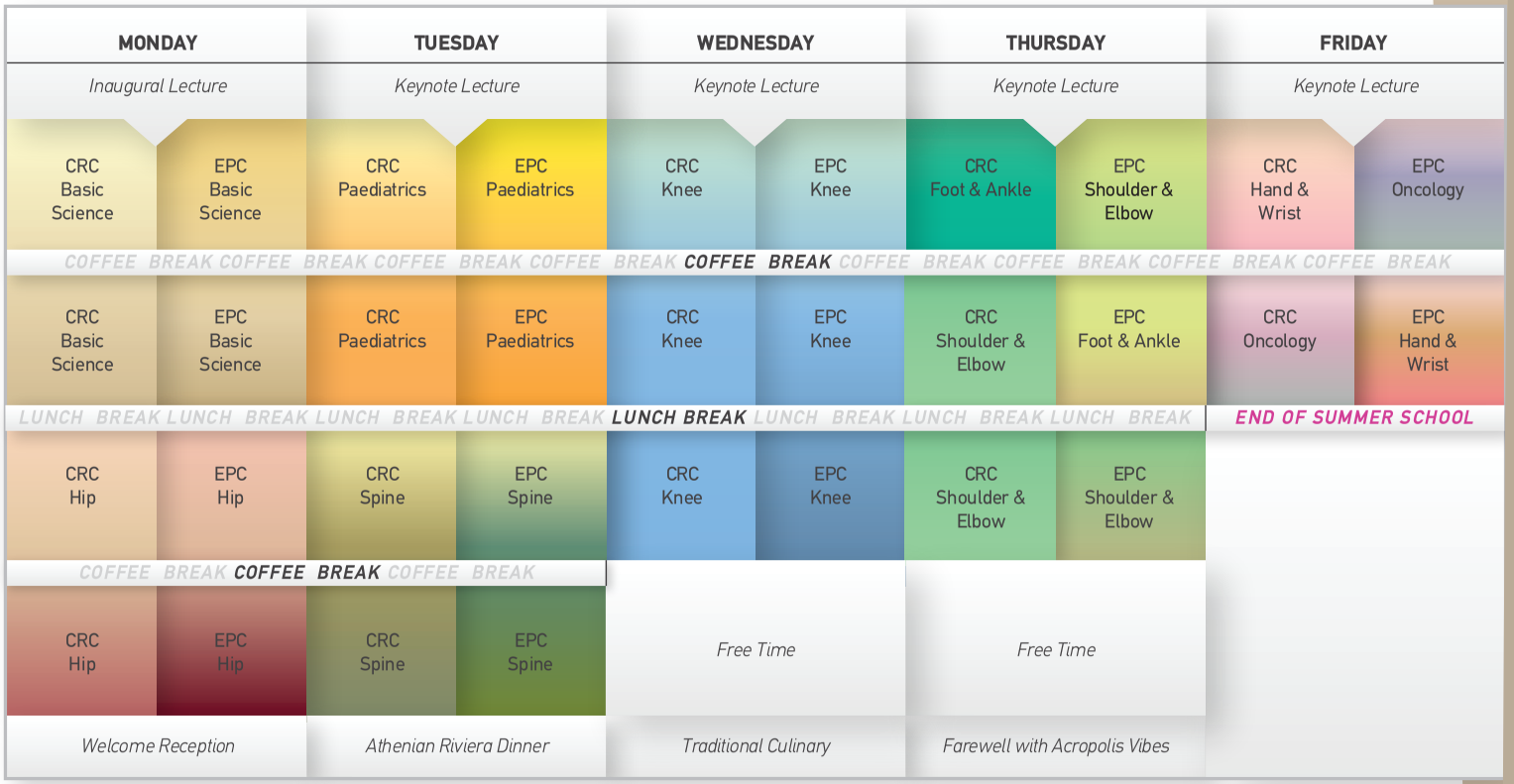
INTRODUCTION

The **Federation of Orthopaedics and Trauma Trainees in Europe (FORTE)** has established a Summer School in 2016, having the vision to provide high end education and at the same time an international forum for trainees from all around Europe. In the previous years, the Summer School was organized in different European cities as Faro, Portugal and Milan, Italy with great success and high appreciation from participants and faculty. The key features of the FORTE Summer School success were the supreme scientific content combined with high-level organization.

After a couple of years of absence, due to the health security restrictions, we are delighted to announce that we organize again **FORTE Summer School in Athens, Greece, from July 25 - 29, 2022**. With the support of EFORT and the endorsement of all major European Subspecialty Societies we designed a high-level course of two levels. From **Monday to Friday**, including morning and afternoon lectures, two courses will run independently and in a parallel fashion. A basic **Comprehensive Review Course (CRC)** will provide general topic reviews through expert lectures, covering the basic knowledge. In addition, a more advanced course will try to address the educational objectives of more advanced trainees; those that are preparing themselves for National or European Board Exams. In this regard, an **Exam Preparation Course (EPC**) will try to train participants' clinical thinking and prepare them via clinical scenarios for their exams. This course will not include lectures; but case-based discussions. Interaction between participants and faculty will be the cornerstone of this course.

All topics of the European Orthopaedics and Traumatology Curriculum will be covered. Basic Science along with Hip Surgery are scheduled for the first day. In the second day, Spine and Pediatric Orthopaedic topics will be presented, while the third day will be dedicated to Knee Surgery. Foot & Ankle and Shoulder & Elbow will be covered during the fourth day. Hand & Wrist and Musculoskeletal Oncology will be addressed at the final day of the event. Special keynote lectures by prominent surgeons are also included in our program.

Fifty internationally renowned orthopaedic surgeons will be hosted in Summer School. They will try to transmit their knowledge in a warm and friendly environment. **A special social event program** is also included to give the opportunity to participants to meet the faculty and their peers from all around Europe. We can assure you that the FORTE Summer School will add significantly to your knowledge and we are looking forward to welcoming you at this excellent educational experience.



CRC = Comprehensive Review Course // EPC = Exam Preparation Course

FACULTY

Basic Science

Enrique Gómez-Barrena (ES)
Aare Märtson (EE)
Andreas Tanos (CY)
Marko Ostojic (BIH)

Hip

Klaus-Peter Günther (DE)
Eleftherios Tsiridis (GR)
George Machairas (GR)
Lazaros Poultsides (GR)
Nikolaos Kanakaris (UK)
Stamatios Papadakis (GR)

Paediatrics

Federico Canavese (FR)
Catharina Chiari (AT)
Dimitrios Metaxiotis (GR)
Muharrem Inan (TR)
Nanni Allington (BE)

Spine

Thomas Blattert (DE)
Jorge Mineiro (PT)
Gianluca Vadalà (IT)
Odysseas Paxinos (GR)
Panagiotis Diaremes (DE)
Serdar Kahraman (TR)
Vasilios Igoumenou (DE)

Hand & Wrist

Zoe Dailiana (GR)
Pierluigi Tos (IT)
Charalampos Ntinopoulos (GR)
Panayotis Soucacos (GR)

Knee

Roland Becker (DE)
Michael Hantes (GR)
Theofilos Karahalios (GR)
Anastasios Georgoulis (GR)
Konstantinos Tilkeridis (GR)
Minos Tyllianakis (GR)
Stefen Nehrer (AT)
Dimitrios Koulalis (GR)
Nikolaos Paschos (USA)

Foot & Ankle

Niek van Dijk (NL)
Alexandros Eleftheropoulos (GR)
Athanasios Badekas (GR)
Jasmin Diallo (CH)

Shoulder & Elbow

Emmanouil Antonogiannakis (GR)
Emmanouil Fandridis (GR)
Georgios Panagopoulos (UK)
Carlos Torrens (ES)
Konstantinos Ditsios (GR)
Olga Savvidou (GR)
Olgar Birsel (TR)
Zinon Kokkalis (GR)

Musculoskeletal Oncology

Panayiotis Papagelopoulos (GR)
Andreas Mavrogenis (GR)
Vasileios Kontogeorgakos (GR)

PROGRAMME DAY 1 Monday 25 July 2022 Basic Science & Hip

08:00	**Registration**
09:00	**Welcome Address** **Panayiotis Megaloikonomos** | FORTE President **Theofilos Karachalios** | EFORT Board **Thanos Badekas** | HAOST President
09:15	**Inaugural Lecture** From Education to Assessment in Orthopaedics & Traumatology **Enrique Gómez-Barrena** | EFORT President

Basic Science I

Hall 1 – Comprehensive Review Course **Moderator: Aare Märtson** | Estonia		Hall 2 – Exam Preparation Course **Moderator: Enrique Gómez-Barrena** | Spain	
09:30	Fracture Healing and Principles of Fixation **Marko Ostojic** | Bosnia & Herzegovina	**09:30**	Discussion about Orthopaedic Implants, Biomechanics & Biomaterials **Andreas Tanos** | Cyprus
09:50	Tendon, Ligament and Nerve Healing and Repair **Marko Ostojic** | Bosnia & Herzegovina	**09:45**	Discussion about Tribology, Wear and Corrosion **Andreas Tanos** | Cyprus
10:05	Metabolic Bone Disease & Inflammatory Arthropathies **Aare Märtson** | Estonia	**10:00**	Cases of Orthopaedic Infections. Discussion about Bacteria, Antibiotics & Infection Control **Enrique Gómez-Barrena** | Spain
10:20	Investigations in Orthopaedics **Aare Märtson** | Estonia	**10:15**	Discussion about Interpreting Evidence & Implementing Change **Enrique Gómez-Barrena** | Spain
10:35	**Discussion**	**10:35**	**Discussion**

10:45–11:00 COFFEE BREAK

Basic Science II

Hall 1 – Comprehensive Review Course **Moderator: Andreas Tanos** | Cyprus	Hall 2 – Exam Preparation Course **Moderator: Aare Märtson** | Estonia
11:00 Orthopaedic Implants, Biomechanics & Biomaterials **Andreas Tanos** | Cyprus	**11:00** Case discussion about Fracture Healing and Principles of Fixation **Marko Ostojic** | Bosnia & Herzegovina
11:15 Tribology, Wear and Corrosion **Andreas Tanos** | Cyprus	**11:15** Tendon, Ligament and Nerve Healing and Repair Discussion **Marko Ostojic** | Bosnia & Herzegovina
11:30 Orthopaedic Infections: Bacteria, Antibiotics & Infection Control **Enrique Gómez-Barrena** | Spain	**11:30** Cases of Metabolic Bone Disease & Inflammatory Arthropathies **Aare Märtson** | Estonia
11:45 Interpreting Evidence & Implementing Change **Enrique Gómez-Barrena** | Spain	**11:45** Investigations in Orthopaedics. Case Discussion **Aare Märtson** | Estonia
12:00 Discussion	**12:00** Discussion

12:15–13:15 LUNCH BREAK

Hip I

Hall 1 – Comprehensive Review Course **Moderator: Eleftherios Tsiridis** | Greece	Hall 2 – Exam Preparation Course **Moderator: Nikolaos Kanakaris** | UK
13:15 Hip Preserving Surgery: Arthroscopic Procedures **Lazaros Poultsides** | Greece	**13:15** Cases of Fractures of the Pelvis and Acetabulum **Nikolaos Kanakaris** | UK
13:30 Hip Preserving Surgery: Open Procedures **Klaus-Peter Günther** | Germany	**13:30** Cases of Femoral Neck Fractures **Nikolaos Kanakaris** | UK

13:45 Primary THA: Implant Selection & Preoperative Planning **Lazaros Poultsides** | Greece	**13:45** Pertrochanteric Fractures **Stamatios Papadakis** | Greece
14:00 Primary THA: Stability, Surgical Pearls and Pitfalls **Eleftherios Tsiridis** | Greece	**14:00** Cases of THA Periprosthetic Fractures **Theofilos Karachalios** | Greece
14:15 Septic Native Hip and Infected THA **Klaus-Peter Günther** | Germany	**14:15** Cases of Hip Preservation Discussing Arthroscopic Procedures **Lazaros Poultsides** | Greece
14:30 Revision THA: Managing the Acetabular Defects **Eleftherios Tsiridis** | Greece	**14:30** Discussion
14:45 Discussion	

15:00-15:15 COFFEE BREAK

Hip II

Hall 1 – Comprehensive Review Course **Moderator: George Macheras** | Greece	Hall 2 – Exam Preparation Course **Moderator: Theofilos Karachalios** | Greece
15:15 Revision THA Managing the Femoral Defects **George Macheras** | Greece	**15:15** Cases of Hip Preserving Surgery Discussing Open Procedures **Klaus-Peter Günther** | Germany
15:30 THA Periprosthetic Fractures **George Macheras** | Greece	**15:30** Primary THA: Discussion about Implant Selection & Preoperative Planning **Lazaros Poultsides** | Greece
15:45 Fractures of the Pelvis and Acetabulum **Nikolaos Kanakaris** | UK	**15:45** Primary THA: Case Discussion about Surgical Pearls and Pitfalls **Eleftherios Tsiridis** | Greece
16.00 Hip Dislocations and Pipkin Fractures **Stamatios Papadakis** | Greece	**16:00** Cases of Infected THA **Klaus-Peter Günther** | Germany
16:15 Femoral Neck Fractures **Nikolaos Kanakaris** | UK	**16:15** Revision THA: Cases of Acetabular Defect Management **Eleftherios Tsiridis** | Greece

16:30	Pertrochanteric Fractures **Stamatios Papadakis** | Greece	**16:30**	Revision THA: Cases of Femoral Defect Management **Theofilos Karachalios** | Greece
16:45	**Discussion**	**16:45**	**Discussion**

END OF THE 1ST DAY

PROGRAMME DAY 2 Tuesday 26 July 2022 Paediatrics & Spine

08:30 **Keynote Lecture**

EBOT and the Trend of European Board Exam
Jorge Mineiro | Portugal

Paediatrics I

Hall 1 – Comprehensive Review Course

Moderator: Muharrem Inan | Turkey

09:00 Growth Plate Biology, Fracture Classification & Treatment Principles in Children
Nanni Allington | Belgium

09:15 Proximal Humerus and Humeral Shaft Fractures
Federico Canavese | France

09:30 Elbow and Forearm Fractures
Dimitrios Metaxiotis |Greece

09:45 Wrist and Hand Fractures
Muharrem Inan | Turkey

10:00 Pelvis, Femur and Knee Fractures
Catharina Chiari | Austria

10:15 Tibia and Ankle Fractures
Federico Canavese | France

10:30 **Discussion**

Hall 2 – Exam Preparation Course

Moderator: Vasilios Igoumenou | Germany

09:00 Case Discussion in Paediatric Orthopaedics
Catharina Chiari | Austria

09:20 Case Discussion in Paediatric Orthopaedics
Catharina Chiari | Austria

09:40 Case Discussion in Paediatric Orthopaedics
Nanni Allington | Belgium

10:00 Case Discussion in Paediatric Orthopaedics
Nanni Allington | Belgium

10:20 **Discussion**

10:45–11:00 COFFEE BREAK

Paediatrics II

Hall 1 – Comprehensive Review Course **Moderator: Nanni Allington** | Belgium	Hall 2 – Exam Preparation Course **Moderator: Federico Canavese** | France
11:00 Scoliosis and Hip Dislocation in Children with Neuromuscular Disease **Muharrem Inan** | Turkey	**11:00** Case Discussion in Paediatric Traumatology **Federico Canavese** | France
11:15 DDH: Screening, Diagnosis and Treatment Principles **Nanni Allington** | Belgium	**11:15** Case Discussion in Paediatric Traumatology **Federico Canavese** | France
11:30 Clubfoot and Pes Planovalgus **Dimitrios Metaxiotis** | Greece	**11:30** Case Discussion in Paediatric Traumatology **Federico Canavese** | France
11:45 SCFE and Legg-Perthes-Calvé Disease: Diagnosis and Treatment Principles **Catharina Chiari** | Austria	**11:45** Case Discussion in Paediatric Traumatology **Muharrem Inan** | Turkey
12:00 Common Upper Extremity Disorders: Brachial Plexus Palsy, Syndactily and other Congenital Malformations **Dimitrios Metaxiotis** | Greece	**12:00** Case Discussion in Paediatric Traumatology **Muharrem Inan** | Turkey
12:15 Discussion	**12:15** Case Discussion in Paediatric Traumatology **Muharrem Inan** | Turkey
	12:30 Discussion

12:30–13:30 LUNCH BREAK

Spine I

Hall 1 – Comprehensive Review Course **Moderator: Gianluca Vadalà** | Italy	Hall 2 – Exam Preparation Course **Moderator: Jorge Mineiro** | Portugal
13:30 Spinal Cord Injury **Serdar Kahraman** | Turkey	**13:30** Cases of Adolescent Idiopathic Scoliosis **Jorge Mineiro** | Portugal
13:45 Cervical Spine Trauma **Serdar Kahraman** |Turkey	**13:45** Cases of Adult Spinal Deformity **Panagiotis Diaremes** | Germany
14:00 Thoracolumbar Trauma **Thomas Blattert** |Germany	**14:00** Cases of Spondylolisthesis **Jorge Mineiro** | Portugal
14:15 Spondylodiscitis **Panagiotis Diaremes** | Germany	**14:15** Cases of Degenerative Disc Disease and Lumbar Spinal Stenosis **Odysseas Paxinos** | Greece
14:30 Cervical Myelopathy – Radiculopathy **Gianluca Vadalà** | Italy	**14:30** Cases of Disc Herniation **Odysseas Paxinos** | Greece
14:45 Metastatic Epidural Spinal Cord Compression **Thomas Blattert** | Germany	**14:45** Cases of Spondylodiscitis **Panagiotis Diaremes** | Germany
15:00 Discussion	**15:00** Discussion

15:15-15:30 COFFEE BREAK

Spine II

Hall 1 – Comprehensive Review Course **Moderator: Odysseas Paxinos** | Greece	Hall 2 – Exam Preparation Course **Moderator: Vasilios Igoumenou** | Germany
15:30 Adolescent Idiopathic Scoliosis **Jorge Mineiro** | Portugal	**15:30** Cases of Spinal Cord Injury **Serdar Kahraman** | Turkey
15:45 Adult Spinal Deformity **Panagiotis Diaremes** | Germany	**15:45** Cass of Cervical Spine Trauma **Serdar Kahraman** | Turkey

16:00	Spondylolisthesis **Jorge Mineiro** | Portugal	**16:00**	Cases of Thoracolumbar Trauma **Thomas Blattert** | Germany
16:15	Degenerative Disc Disease and Lumbar Spinal Stenosis **Odysseas Paxinos** | Greece	**16:15**	Cervical Myelopathy – Radiculopathy cases **Gianluca Vadalà** | Italy
16:30	Disc Herniation Cauda Equina Syndrome **Odysseas Paxinos** | Greece	**16:30**	Cases of Metastatic Epidural Spinal Cord Compression **Thomas Blattert** | Germany
16:45	**Discussion**	**16:45**	**Discussion**

END OF THE 2ND DAY

Knee I

08:30 **Keynote Lecture**

Modern Concepts in Knee Arthroplasty – Hype or Future?
Roland Becker | Germany

Hall 1 – Comprehensive Review Course **Moderator: Minos Tyllianakis** | Greece	Hall 2 – Exam Preparation Course **Moderator: Michael Hantes** | Greece
09:00 Fractures of the Distal Femur **Minos Tyllianakis** | Greece	**09:00** Cases of Clinically Important Laxities **Dimitrios Koulalis** | Greece
09:15 Fractures of the Proximal Tibia **Minos Tyllianakis** | Greece	**09:15** Cases of Primary ACL Reconstruction: Discussion about Surgical Pearls and Pitfalls **Anastassios Georgoulis** | Greece
09:30 Primary TKA - Surgical Pearls and Pitfalls **Theofilos Karachalios** | Greece	**09:30** Cases of ACL Revision: Discussion about Treatment Strategy **Dimitrios Koulalis** | Greece
09:45 The Painful TKA **Konstantinos Tilkeridis** | Greece	**09:45** Cases of Medial Collateral Ligament & Posteromedial Corner of the Knee Injuries. Discussion about When and How to Treat **Nikolaos Paschos** | USA
10:00 TKA Infection: Assessment and Treatment Approach **Theofilos Karachalios** | Greece	**10:00** Cases of Multiligament Knee Injuries **Nikolaos Paschos** | USA

10:15 TKA Periprosthetic Fractures
Konstantinos Tilkeridis | Greece

10:30 Principles of TKA Revision
Theofilos Karachalios | Greece

10:45 **Discussion**

10:15 Cases of Patellar Instability: Discussion about Treatment Algorithm
Michael Hantes | Greece

10:30 **Discussion**

11:00-11:15 **COFFEE BREAK**

Knee II

Hall 1 – Comprehensive Review Course

Moderator: Nikolaos Paschos | USA

11:15 Clinically Important Laxities: How to Assess
Dimitrios Koulalis | Greece

11:30 Primary ACL Reconstruction: Surgical Pearls and Pitfalls
Anastassios Georgoulis | Greece

11:45 ACL Revision: How to Avoid Failure
Dimitrios Koulalis | Greece

12:00 Medial Collateral Ligament & Posteromedial Corner of the Knee. When and How to Treat.
Nikolaos Paschos | USA

12:15 Principles and Management of Multiligament Knee Injuries
Nikolaos Paschos | USA

12:30 **Discussion**

Hall 2 – Exam Preparation Course

Moderator: Stefan Nehrer | Austria

11:15 Cases of Fractures of the Proximal Tibia
Minos Tyllianakis | Greece

11:35 Cases of Fractures of the Distal Femur
Minos Tyllianakis | Greece

11:55 Cases of Cartilage Lesions: Discussion about Assessment and Treatment Options
Stefan Nehrer | Austria

12:15 Cases of Osteotomies Around the Knee
Stefan Nehrer | Austria

12:35 **Discussion**

12:45-13:45 LUNCH BREAK

Knee III

Hall 1 – Comprehensive Review Course **Moderator: Anastassios Georgoulis** | Greece	Hall 2 – Exam Preparation Course **Moderator: Theofilos Karachalios** | Greece
13:45 Patellar Instability: Algorithm of Treatment **Michael Hantes** | Greece	**13:45** Cases of Primary TKA - Discussion about Surgical Pearls and Pitfalls **Theofilos Karachalios** | Greece
14:00 Cartilage Lesions: Assessment and Treatment Options **Stefan Nehrer** | Austria	**14:00** Cases of Painful TKA **Konstantinos Tilkeridis** | Greece
14:15 Meniscal Repair of Bucket Handle Lesions, Ramp Lesions, and Root Tears **Michael Hantes** | Greece	**14:15** Cases of TKA Periprosthetic Fractures **Konstantinos Tilkeridis** | Greece
14:30 Osteotomies Around the Knee **Stefan Nehrer** | Austria	**14:30** Cases of TKA Infection: Discussion about Assessment and Treatment Approach **Theofilos Karachalios** | Greece
14:45 Unicompartmental Knee Arthroplasty **Anastassios Georgoulis** | Greece	**14:45** Cases of TKA Revision **Theofilos Karachalios** | Greece
15:00 Discussion	**15:00** Discussion

END OF THE 3RD DAY

PROGRAMME

DAY 4

Thursday 28 July 2022
Foot & Ankle | Shoulder & Elbow

09:00 **Keynote Lecture**

Years of Innovation and Achievements in Ankle and Hindfoot Arthroscopy
Niek van Dijk | The Netherlands

Foot & Ankle	Shoulder & Elbow I
Hall 1 – Comprehensive Review Course **Moderator: Athanasios Badekas** | Greece	**Hall 2 – Exam Preparation Course** **Moderator: Carlos Torrens** | Spain
09:30 Ankle Arthroplasty vs Ankle Arthrodesis **Jasmin Diallo** | Switzerland	**09:30** Cases of Clavicle Fractures **Olga Savvidou** | Greece
09:45 Ankle Instability **Niek van Dijk** | The Netherlands	**09:45** Cases of AC Joint Injuries **Emmanouil Fandridis** | Greece
10:00 Flatfoot and Cavus Foot **Alexandros Eleftheropoulos** | Greece	**10:00** Cases of Scapula Fractures **Zinon Kokkalis** | Greece
10:15 Hallux Valgus & Hallux Rigidus **Athanasios Badekas** | Greece	**10:15** Cases of Proximal Humerus Fractures **Carlos Torrens** | Spain
10:30 Ankle Fractures **Niek van Dijk** |The Netherlands	**10:30** Cases of Distal Humerus Fractures **Olgar Birsel** | Turkey
10:45 Midfoot Injuries **Alexandros Eleftheropoulos** | Greece	**10:45** Cases of Radial Head Fractures **Georgios Panagopoulos** | UK
11:00 Hindfoot Fractures **Jasmin Diallo** | Switzerland	**11:00** Cases of Elbow Dislocations **Emmanouil Fandridis** | Greece
11:15 Discussion	**11:15** Discussion

11:15-11:30 COFFEE BREAK

Shoulder & Elbow I

Hall 1 – Comprehensive Review Course

Moderator: Konstantinos Ditsios | Greece

11:30 Rotator Cuff and Long Head of Biceps: Assessment and Treatment
Olgar Birsel | Turkey

11:45 Shoulder Instability: Assessment and Treatment
Emmanouil Antonogiannakis | Greece

12:00 Principles of Shoulder Arthroscopy: Technical Tips
Zinon Kokkalis | Greece

12:15 Hemi-, Total, Reverse Shoulder Arthroplasty: Indications and Techniques
Carlos Torrens | Spain

12:30 Assessment and Treatment of Elbow Instabilities
Konstantinos Ditsios | Greece

12:45 Indications of Elbow Arthroscopy and Arthroplasty
Konstantinos Ditsios | Greece

13:00 Discussion

Foot & Ankle

Hall 2 – Exam Preparation Course

Moderator: Niek van Dijk | Greece

11:30 Cases of Ankle Arthroplasty and Ankle Arthrodesis
Jasmin Diallo | Switzerland

11:45 Cases of Ankle Instability
Niek van Dijk | The Netherlands

12:00 Flatfoot Cases
Alexandros Eleftheropoulos | Greece

12:15 Cases of Hallux Valgus
Athanasios Badekas | Greece

12:30 Cases of Ankle Fractures
Niek van Dijk | The Netherlands

12:45 Cases of Midfoot Injuries
Alexandros Eleftheropoulos | Greece

13:00 Cases of Hindfoot Fractures
Jasmin Diallo | Switzerland

13:15-14:15 LUNCH BREAK

Shoulder & Elbow II

Hall 1 – Comprehensive Review Course
Moderator: Emmanouil Fandridis | Greece

14:15 Clavicle Fractures
Olga Savvidou | Greece

14:30 AC Joint Injuries
Emmanouil Fandridis | Greece

14:45 Scapula and Glenoid Fractures
Zinon Kokkalis | Greece

15:00 Dislocations and Fracture - Dislocations of the Elbow
Emmanouil Fandridis | Greece

15:15 Distal Humerus Fractures
Olgar Birsel | Turkey

15:30 Radial Head Fractures
Georgios Panagopoulos | UK

15:45 Proximal Humerus Fractures
Carlos Torrens | Spain

16:00 Discussion

Hall 2 – Exam Preparation Course
Moderator: Olgar Birsel | Turkey

14:15 Cases of Shoulder Arthroscopy: Discussion about Techniques
Zinon Kokkalis | Greece

14:30 Cases of Shoulder Instability
Emmanouil Antonogiannakis | Greece

14:45 Cases of Rotator Cuff Pathology
Olgar Birsel | Turkey

15:00 Case-Discussion about Hemi-, Total, Reverse Shoulder Arthroplasty
Carlos Torrens | Spain

15:15 Cases of Elbow Instabilities
Konstantinos Ditsios | Greece

15:30 Discussion about Elbow Arthroscopy and Arthroplasty
Konstantinos Ditsios | Greece

15:45 Discussion

END OF THE 4TH DAY

PROGRAMME DAY 5

Friday 29 July 2022

Wrist and Hand | Musculoskeletal Oncology

09:00 **Keynote Lecture**

Unraveling the Mysteries of Congenital Anomalies of the Upper & Lower Extremities: From Ancient Greek Mythology to Modern Medicine

Panayotis Soucacos | Greece

Hand & Wrist	Musculoskeletal Oncology
Hall 1 – Comprehensive Review Course **Moderator: Zoe Dailiana** | Greece	**Hall 2 – Exam Preparation Course** **Moderator: Panayiotis Papagelopoulos** | Greece
09:30 Distal Radius and Scaphoid Fractures **Zoe Dailiana** | Greece	**09:30** Case-Discussion about MSK Tumors: Diagnosis and Treatment **Andreas Mavrogenis** | Greece
09:45 Perilunate Injuries **Charalampos Ntinopoulos** | Greece	**09:50** Cases of Soft Tissue Tumors **Vasileios Kontogeorgakos** | Greece
10:00 Wrist Pathology (biomechanics, instability, arthritis, post-traumatic conditions) **Charalampos Ntinopoulos** | Greece	**10:10** Cases of Benign Bone Tumors **Panayiotis Papagelopoulos** | Greece
10:20 Fractures & Dislocations of the Metacarpals and Phalanges **Zoe Dailiana** | Greece	**10:30** Cases of Malignant Bone Tumors **Panayiotis Papagelopoulos** | Greece
10:40 Extensor and Flexor Tendon Injuries (acute and chronic) **Pierluigi Tos** | Italy	**10:50** Cases of Metastatic Bone Disease **Andreas Mavrogenis** | Greece

10:55	Acute Nerve Injuries and Compression Neuropathies **Pierluigi Tos** | Italy	**11:00**	**Discussion**
11:15	**Discussion**		

11:30-11:45 COFFEE BREAK

Musculoskeletal Oncology		Hand & Wrist	
Hall 1 – Comprehensive Review Course **Moderator: Andreas Mavrogenis** | Greece		Hall 2 – Exam Preparation Course **Moderator: Pierluigi Tos** | Greece	
11:45	Musculoskeletal Tumors: Diagnostic Approach and Treatment Principles **Andreas Mavrogenis** | Greece	**11:45**	Cases of Distal Radius and Scaphoid Fractures **Zoe Dailiana** | Greece
12:00	Soft Tissue Tumors (benign and malignant) **Vasileios Kontogeorgakos** | Greece	**12:00**	Cases of Perilunate Injuries **Charalampos Ntinopoulos** | Greece
12:15	Benign Bone Tumors **Panayiotis Papagelopoulos** | Greece	**12:15**	Wrist Pathology Cases **Charalampos Ntinopoulos** | Greece
12:30	Malignant Bone Tumors **Panayiotis Papagelopoulos** | Greece	**12:30**	Cases of Fractures & Dislocations of the Metacarpals and Phalanges **Zoe Dailiana** | Greece
12:45	Metastatic Bone Disease **Andreas Mavrogenis** | Greece	**12:45**	Cases of Extensor and Flexor Tendon Injuries **Pierluigi Tos** | Italy
13:00	**Discussion**	**13:00**	Cases of Nerve Injuries and Compression Neuropathies **Pierluigi Tos** | Italy

END OF 2022 FORTE SUMMER SCHOOL

FACULTY INDEX

Allington, Nanni (Belgium) | *President of UEMS Orthopaedics Section*

Antonogiannakis, Emmanouil (Greece) | *HAOST Delegate*

Badekas, Athanasios (Greece) | *HAOST President*

Becker, Roland (Germany) | *ESSKA President*

Birsel, Olgar (Turkey) | *SECEC Delegate*

Blattert, Thomas (Germany) | *EUROSPINE President*

Canavese, Federico (France) | *EPOS Secretary General*

Chiari, Catharina (Austria) | *Austrian Orthopaedic Society President, EPOS Delegate*

Dailiana, Zoe (Greece) | *FESSH Reprsentative, HAOST 1st Vice President*

Diallo, Jasmin (Switzerland) | *FORTE Past President*

Diaremes, Panagiotis (Germany)| *EUROSPINE Delegate*

Ditsios, Konstantinos (Greece) | *Past President of the Hellenic Society for the Surgery of the Hand*

Eleftheropoulos, Alexandros (Greece) | *HAOST Secretary General*

Fandridis, Emmanouil (Greece) | *Vice President of the Hellenic Society for the Surgery of the Hand*

Georgoulis, Anastassios (Greece) | *HAOST Delegate*

Gómez Barrena, Enrique (Spain) | *EFORT President*

Günther, Klaus-Peter (Germany)| *EFORT Past President*

Hantes, Michael (Greece) | *ESSKA 2nd Vice President*

Igoumenou, Vasilios (Germany) | *FORTE General Assembly President*

Inan, Muharrem (Turkey)| *EPOS Delegate*

Kahraman, Serdar (Turkey) | *EUROSPINE Delegate*

Kanakaris, Nikolaos (UK) | *Clinical Director of Leeds Major Trauma Center*

Karachalios, Theofilos (Greece) | *EFORT 2nd Vice President*

Kokkalis, Zinon (Greece) | *President of the Shoulder and Elbow Section of HAOST*

Kontogeorgakos, Vasileios (Greece) | *Past President of the Hellenic Society for Reconstructive Microsurgery*

Koulalis Dimitrtios (Greece) | *HAOST Councilor*

Macheras, George (Greece) | *EFORT FORA Chair*

Märtson, Aare (Estonia) | *Vice Chair EFORT Education Committee*

Mavrogenis, Andreas (Greece) | *EMSOS Delegate*

Metaxiotis, Dimitrios (Greece) | *EPOS Delegate*

Mineiro, Jorge (Portugal) | *Chair of EBOT Examination Committee*

Nehrer, Stefan (Austria)| *EFORT Education Committee Chair*

Ntinopoulos, Charalampos (Greece) | *President of the Hellenic Society for the Surgery of the Hand*

Ostojic, Marko (Bosnia and Herzegovina) | *FORTE Treasurer*

Panagopoulos, Georgios (UK) | *FORTE Organizing Committee*

Papadakis, Stamatios (Greece) | *HAOST Past President*

Papagelopoulos, Panayiotis (Greece) | *ISOLS President*

Paschos, Nikolaos (Boston, USA) | *FORTE Past President*

Paxinos, Odysseas (Greece) | *EUROSPINE Delegate*

Poultsides, Lazaros (Greece) | *EFORT Education Committee*

Savvidou, Olga (Greece) | *HAOST Delegate*

Soucacos, Panayotis (Greece) | *HAOST Honorary Delegate*

Tanos, Andreas (Cyprus) | *Secretary General, UEMS Orthopaedics Section*

Tilkeridis, Konstantinos (Greece) | *HAOST Delegate*

Torrens, Carlos (Spain) | *SECEC Delegate*

Tos, Pierluigi (Italy) | *FESSH Hand Trauma Committee Chair*

Tsiridis, Eleftherios (Greece)| *President Elect of the European Hip Society*

Tyllianakis, Minos (Greece) | *AO Greek Chapter Founder*

Vadalà, Gianluca (Italy) | *EORS President*

Van Dijk, Niek (The Netherlands) | *JISAKOS Editor*

INFORMATION

The City: A unique combination of the old and the new, set up against a spectacular Mediterranean landscape, Athens inspires its visitors, leaving its mark in their hearts and minds. Surrounded by a lining of stunning seas and mountains, this city is filled with gems just waiting to be discovered.

Each year, more and more travelers are choosing Athens for their leisure and business travel all year round. There are several reasons; Athens offers a variety of things to see and do, and most of the times, under favorable weather conditions. Athens is an ideal congress destination, combining state-of-the-art infrastructure, excellent conference facilities and easy access from all over the world with world-class cultural attractions, diverse entertainment and natural beauty.

Weather: Athens is an ideal year-round destination with comfortable and favorable climate conditions for travel and sightseeing. Rainfall is minimal and the summers (June through August) are dry and hot with temperatures ranging, on average, from 78° to 94°F or 20° to 34°C.

Shopping Hours: Major outlets Monday-Friday. 9:00-21:00; small shops Monday, Wednesday 9:00 to 15:30; Friday, 9:00 to 20:30; Saturday 9:00 to 15:30.

The airport: The award-winning Athens International Airport, Eleftherios Venizelos, serves 83 international destinations. Its close proximity to the city center -just 27 km from the hotel-, 30 minutes by car and 40 minutes by metro -through line 3, makes Athens easily accessible.

Transportation: Network includes new buses, pollution-free trolleys, tram and a revamped electric railway system that connects to the metro lines. Taxis can be used, which are also inexpensive considering the European standards.

At Athens Airport you can find a wide variety of options regarding ground transportation:

- **Bus:** There are 4 bus lines which connect the airport to the city centre. One single ticket costs 9€. For more information about the bus lines and routes, you may visit oasa.gr.
- **Taxi:** Taxis can be used, which are also inexpensive by European standards (40€ from Athens to the airport). As Uber function is not available in Greece, you may use the Taxi Beat instead. For more information, you may visit thebeat.co/gr-en/.
- **Train:** Athens Airport is connected via suburban rail to Athens Central Railway Station (Larissis Station), Port of Pireaus and Kiato.
- **Metro:** To access by metro, take Athens Metro Line 3 at the Airport's Railway Station. For more information, you may visit the official site of the www.aia.gr

Currency: Greece uses Euro (€).

Time: Greece is GMT+2.

ATMs: They are widely available in Greece for Master or Visa cardholders.

Banks: Banks are open from Monday to Thursday, 8:00-14:30 hours and on Friday, 8:00-14:00 hours; on Saturdays and Sundays they are closed. Central branches of some banks may be found open until 20.00 daily and from 10.00 to 16.30 on Saturdays. For further details while in Athens please consult your hotel concierge.

Credit cards: All major credit cards are accepted in almost all hotels, shops, and restaurants. Stickers in the front windows will advise you as to which cards are accepted.

Electricity: Electricity is 220 V/50 Hz. Plugs are the standard continental (DIN) type with two round pins.

Emergency Numbers:

Emergency	112
Ambulance	166
Fire Department	199
Police	100
Coast Guard	108
Tourist Police	171

Language: Greek is the official language. Most Greeks speak English as a foreign language.

VENUE - President Hotel

43 Kifissia's Avenue, Athens
(tel: +30 210 6989000)
https://president.gr/

President Hotel is located amidst the eternally intriguing urban landscape of Athens, the landmark building of President Hotel welcomes you, offering an elegant and comfortable stay. Strategically situated near two Metro stations and other means of public transport close to the heart of Athens, the hotel offers great access to renowned cultural landmarks, commercial streets, historic sites and entertainment attractions. The lectures will be given in the conference rooms of President Hotel (ground floor) as the accommodation of participants.

ALL AROUND

Just 700m from Panormou Metro Station
Just 3 stops from Syntagma Square
Just 750m from Ampelokipoi Metro Station
Just 27km from the airport

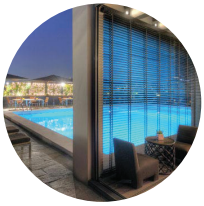
PARKING

President's Hotel private parking lot was designed to meet the highest standards of parking safety and comfort in the area. Close to the heart of Athens, it provides unlimited 24hour access and professional guarding staff. In a densely populated area, President's Hotel parking lot is the ideal place to leave your vehicle. It features 197 parking spaces along with multiple entrances and exits, offering flexibility but there is a restriction about motorcycles and vehicles with height over 1.90m.

SOCIAL EVENTS

Monday July 25, 2022 – Welcome Reception

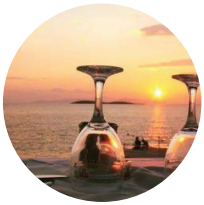
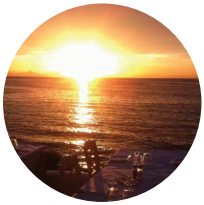
All Summer School participants and faculty are invited to enjoy a panoramic view of Athens from the **rooftop of President Hotel** at a special welcome gala. **Dress code:** *Casual Chic.*



Tuesday July 26, 2022 – Athenian Riviera Dinner

On Tuesday evening we will be transferred out of the city to taste the Athenian riviera atmosphere and enjoy the magnificent sunset having dinner at **"Panorama" Restaurant**. **Dress code:** *Casual Chic.*

Panorama is a traditional restaurant, which is located in the beautiful seaside area of Kavouri, since 1970. It's a favorite destination on the seaside for lunch and dinner, offering homemade appetizers, meat, fresh fish, and seafood brought over from various Greek islands.

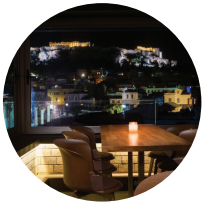



Wednesday July 27, 2022 - Traditional Culinary Experience

On Wednesday we will taste traditional flavors near the old city of Athens! We will visit **"To Steki tou Ilia"**, a typical Greek taverna, which is situated in the historical area of Thissio. One of the locals' best kept secrets on the pedestrianized Thessalonikis Street, which begins at Agios Athanasios church. It is close to the center of Athens, famous for the plethora of trendy cafes and bars. The tables of the restaurant are set outside in the yard and stretch along the pavement during the summer season. **Dress code:** *Casual.*

Thursday, July 28, 2022 - Farewell with Acropolis Vibes

On Thursday we will live a "360° experience" in the center of Athens! Right on Monastiraki Square, **360° Cocktail Bar**, lives up to its name, providing a 360-degree city view, features a roof bar- restaurant with panoramic, magical view of the Acropolis day and night. The menu consists of excellent cocktails and traditional dishes inspired from the Mediterranean and Greek cuisine. It's a trendy spot that offers indoor seating as well, designed in a great, urban style. Extremely popular for its friendly staff, relaxing atmosphere, and sunset views. It is the best place to say farewell and reschedule our appointment for next year! **Dress code:** *Casual chic.*



ORGANIZER

Scan to register

Join us at the **5th FORTE Summer School**

Congress Venue: President Hotel
Kifisias 43, 11523, Athens
Tel: +30 210 698 9000 | president.gr

ORGANIZING SOCIETY

FORTE
FEDERATION OF ORTHOPAEDIC AND TRAUMA TRAINEES IN EUROPE

Federation of Orthopaedic & Trauma Trainees in Europe
www.forteortho.org
email: info@forteortho.org

PROFESSIONAL CONGRESS ORGANIZER

AFEA
Travel and Congress Services

Professional Congress Organizer (PCO)
Tel: +30 210 366 8800
www.afea.gr // email: congress@afea.gr

Member of

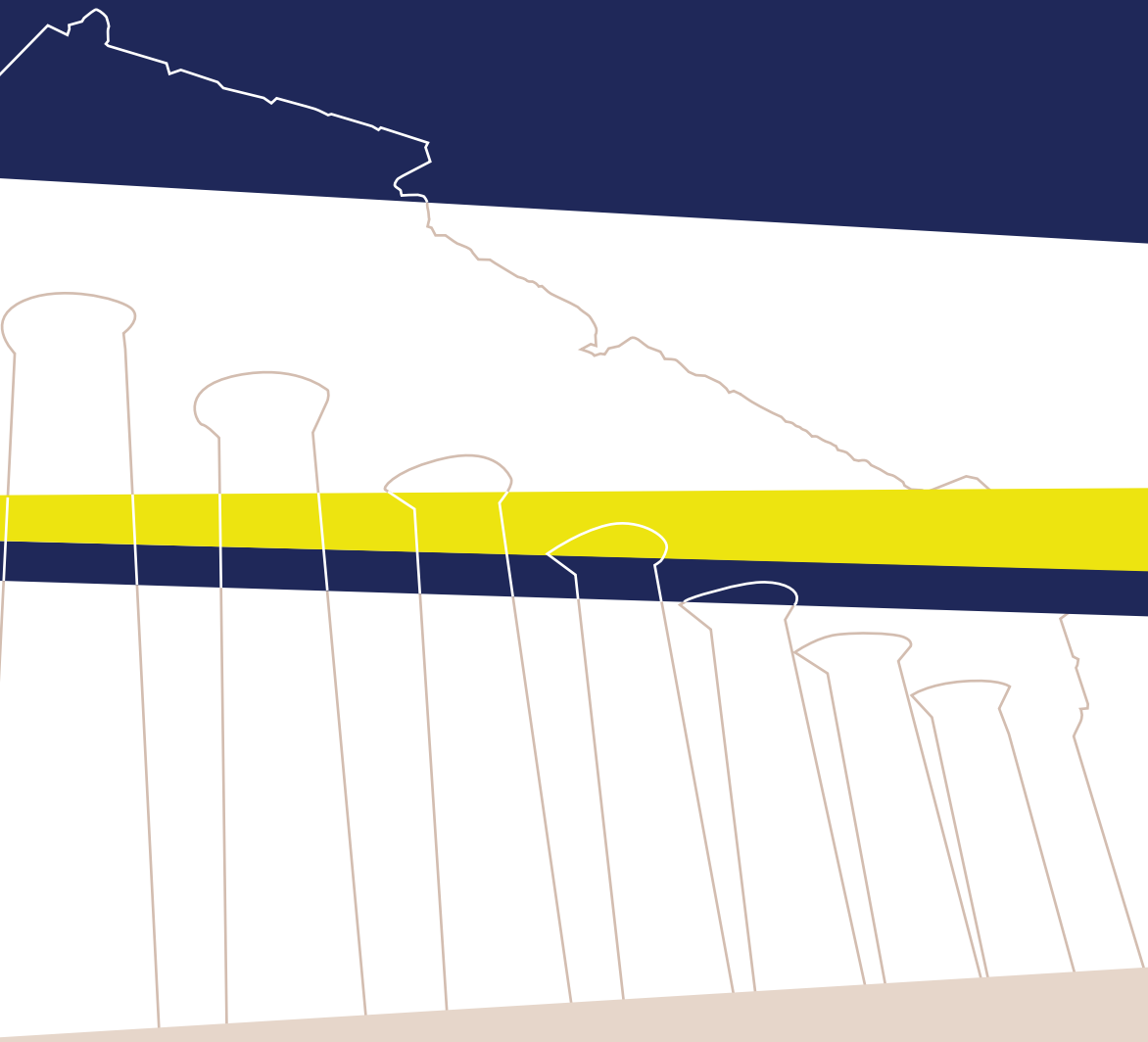
GENERAL INFORMATION

SECRETARIAT OPERATING HOURS

Monday	**25/07**	08.00-17.00
Tuesday	**26/07**	08.30-17.00
Wednesday	**27/07**	08.30-15.00
Thursday	**28/07**	09.00-16.00
Friday	**29/07**	09.00-13.00

NOTES

NOTES



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