

25 – 29 July 2022
Athens, **GREECE**



5th FORTE Summer School

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**PRELIMINARY
PROGRAM**



Hall 1 Comprehensive Review Course		Hall 2 Case Based Discussion Course
Basic Science I		Case Based Discussion
Inaugural Lecture: From education to assessment in O&T - E. Gómez Barrena	8:30	
Fracture Healing and Principles of Fixation	9:30	
Tendon, Ligament, and Nerve Healing and Repair	9:55	
Metabolic Bone Disease and Inflammatory Arthropathies	10:10	
Orthopaedic Infections: Bacteriae, Antibiotics and Infection Control	10:25	
Discussion	10:40	
COFFEE BREAK (10:45-11:00)		
Basic Science II		Case Based Discussion
Orthopaedic Implants, Biomechanics and Biomaterials	11:00	
Wear and Corrosion	11:15	
Investigations in Orthopaedics	11:30	
Interpreting Evidence and Implementing Change	11:45	
Discussion	12:00	
LUNCH AND EXHIBITION (12:15-13:15)		
Hip I		Case Based Discussion
Open Hip Preserving Surgery	13:15	
Hip Preserving Surgery Arthroscopic	13:30	
Primary THA - Implant Selection and Tribology	13:45	
Primary THA - Stability, Surgical Pearls and Pitfalls	14:00	
Revision THA - Managing the Acetabular Defects	14:15	
Revision THA - Managing the Femoral Defects	14:30	
O9Septic Native Hip and Infected THA	14:45	
Discussion	15:00	
COFFEE BREAK (15:30-15:45)		
Hip II		Case Based Discussion
Surgical Approaches	15:45	
Fractures of the Pelvis and Acetabulum	16:00	
Intracapsular Fractures	16:15	
Extracapsular Fractures	16:30	
THA Periprosthetic Fractures	15:45	
Discussion	17:00	
19:00 Welcome Reception		

Day 2 | July 26th, 2022

Hall 1 Comprehensive Review Course		Hall 2 Case Based Discussion Course
Paediatrics I		Case Based Discussion
Inaugural Lecture: <i>EBOT and the Trend of European Board Exam</i> - J. Mineiro	8:30	
Growth Plate Biology, Fracture Classification and Treatment Principles in Children	9:00	
Tibia and Ankle Fractures	9:15	
Pelvis, Femur and Knee Fractures	9:30	
Proximal and Humerus Shaft Fractures	9:45	
Elbow and Forearm Fractures	10:00	
Wrist and Hand Fractures	10:15	
Discussion	10:30	
COFFEE BREAK (10:45-11:00)		
Paediatrics II		Case Based Discussion
Scoliosis and Hip dislocation in children with neuromuscular disease	11:00	
DDH: Screening, Diagnosis and Treatment Principles	11:15	
Clubfoot and Pes Planovalgus	11:30	
SCFE and Legg-Perthes-Calvé Disease: Diagnosis and Treatment Principles	11:45	
Common Upper Extremity Disorders: Brachial Plexus Palsy, Syndactily and other Congenital Malformations	12:00	
Discussion	12:15	
LUNCH AND EXHIBITION (12:30-13:30)		
Spine I		Case Based Discussion
Spinal Cord Injury	13:30	
Cervical Spine Trauma	13:45	
Thoracolumbar Trauma	14:00	
Cervical Myelopathy – Radiculopathy	14:15	
Spondylodiscitis (Pyogenic and Tuberculosis)	14:30	
Metastatic Epidural Spinal Cord Compression	14:45	
Discussion	15:00	
COFFEE BREAK (15:15-15:30)		
Spine II		Case Based Discussion
Adolescent Idiopathic Scoliosis	15:30	
Adult Spinal Deformity	15:45	
Spondylolisthesis	16:00	
Degenerative Disc Disease and Lumbar Spinal Stenosis	16:15	
Disc Herniation (Lumbar and Thoracic) - Cauda Equina Syndrome	16:30	
Discussion	16:45	
20:00 Dinner at "Panorama" Restaurant		

Day 3 | July 27th, 2022

Hall 1 Comprehensive Review Course		Hall 2 Case Based Discussion Course
Knee I		Case Based Discussion
Fractures of the Distal Femur	9:00	
Fractures of the Proximal Tibia	9:15	
Primary TKA - Surgical Pearls and Pitfalls	9:30	
The Painful TKA	9:45	
TKA Infection: Assessment and Treatment Approach	10:00	
TKA Periprosthetic Fractures	10:15	
Principles of TKA Revision	10:30	
Discussion	10:45	
COFFEE BREAK (11:00-11:15)		
Knee II		Case Based Discussion
Clinical Important Laxities: How to Assess	11:15	
Primary ACL Reconstruction: Surgical Repairs and Pitfalls	11:30	
ACL Revision: How to Avoid Failure	11:30	
Medial Collateral Ligament & Posteromedial Corner of the Knee: When to Repair / Reconstruct	11:45	
Principles and Management of Multiligament Knee Injuries	12:00	
Discussion	12:15	
LUNCH AND EXHIBITION (12:30-13:30)		
Knee III		Case Based Discussion
Patellar Instability: Algorithm of Treatment	13:30	
Cartilage Lesions: Assessment and Treatment Options	13:45	
Meniscal Repair of Bucket Handle Lesions, Ramp Lesions, and Root Tears	14:00	
Osteotomies Around the Knee	14:15	
Unicompartmental Knee Arthroplasty	14:30	
Discussion	14:45	
19:30 Dinner at "To steki tou Iliá" restaurant		

Day 4 | July 28th

Hall 1 Comprehensive Review Course		Hall 2 Case Based Discussion Course
Shoulder and Elbow I		Case Based Discussion
Clavicle & AC Joint Injuries	9:00	
Scapula and Glenoid Fractures	9:10	
Proximal Humerus Fractures	9:20	
Distal Humerus Fractures	9:30	
Radial Head / Neck Fractures	9:40	
Dislocations and Fracture Dislocations of the Elbow	9:50	
Tendon Surgery - Distal Biceps & Triceps	10:05	
Discussion	10:15	
COFFEE BREAK (10:30-10:45)		
Shoulder and Elbow II		Case Based Discussion
Rotator Cuff and Long Head of Biceps: Assessment and Treatment	10:45	
Shoulder Instability: Assessment and Treatment	11:00	
Principles of Shoulder Arthroscopy: Technical Tips	11:15	
Hemi-, Total, and Reverse Shoulder Arthroplasty: Indications and Techniques	11:30	
Assessment and Treatment of Elbow Instabilities	11:45	
Indications of Elbow Arthroscopy and Arthroplasty	12:00	
Discussion	12:15	
LUNCH AND EXHIBITION (12:30-13:30)		
Foot and Ankle		Case Based Discussion
Inaugural Lecture Years of Innovation and Achievements in Ankle and Hindfoot Arthroscopy	13:30	
Ankle Arthroplasty: Indications and Techniques	14:00	
Ankle Instability	14:15	
Flatfoot	14:30	
Hallux Valgus & Hallux Rigidus	14:45	
Ankle Fractures	15:00	
Calcaneal and Talar Fractures	15:15	
Lisfranc Injuries	15:30	
Discussion	15:45	
20:00 Farewell Party at 360 Cocktail bar		

Day 5 | July 29th, 2022

Hall 1 Comprehensive Review Course		Hall 2 Case Based Discussion Course
Wrist & Hand		Case Based Discussion
Wrist Trauma (Distal Radius Fractures, Scaphoid Fractures, Ligament Injuries and Post-traumatic Conditions)	9:30	
Hand Trauma (Phalanges and Metacarpal Fractures & Dislocations of the Digits)	10:00	
Extensor and Flexor Tendon Injuries (Acute and Chronic)	10:30	
Nerve Injury - Acute and Compression Neuropathies	11:00	
Wrist Pathology (biomechanics, instability, arthritis)	11:15	
Discussion	11:30	
COFFEE BREAK (11:45-12:00)		
Musculoskeletal Oncology		Case Based Discussion
Musculoskeletal Tumors' Diagnosis, Approach and Principles of Treatment	12:00	
Soft Tissue Tumors (benign and malignant)	12:15	
Benign Bone Tumors	12:30	
Malignant Bone Tumors	12:45	
Metastatic Bone Disease	13:00	
Discussion	13:15	

Faculty

Prof. Dr. Enrique Gomez Barrena (EFORT Vice President, Spain)
Prof. Dr. Klaus-Peter Günther (EFORT Past President, Germany)
Prof. Dr. Theofilos Karachalios (EFORT Treasurer, Greece)
Prof. Dr. Stefan Nehrer (EFORT EduCom Chair, Austria)
Prof. Dr. Aare Märtson (EFORT EduCom Vice Chair, Estonia)
Dr. George Macheras (EFORT FORA Chair, Greece)
Prof. Dr. Jorge Mineiro (President of EBOT Exam Committee, Portugal)
Dr. Nanni Allington (President of UEMS Orthopaedics Section, Belgium)
Dr. Andreas Tanos (Secretary General of UEMS Orthopaedics Section, Cyprus)
Prof. Dr. Niek van Dijk (JISAKOS Editor, ESSKA, EFAS, the Netherlands)
Prof. Dr. Thomas Blattert (EUROSPINE President, Germany)
Prof. Dr. Serdar Kahraman (EUROSPINE, Turkey)
Prof. Dr. Eleftherios Tsiridis (President Elect of EHS, Greece)
Prof. Dr. Michael Hantes (2nd Vice President of ESSKA, Greece)
Prof. Dr. Federico Canavese (Secretary General of EPOS, France)
Prof. Dr. Catharina Chiari (President of the Austrian Society of Orthopaedics, EPOS, Austria)
Dr. Dimitrios Metaxiotis (EPOS, Greece)
Prof. Dr. Muharrem Inan (EPOS, Turkey)
Prof. Dr. Panayiotis Papagelopoulos (President of ISOLS, Past President of EMSOS, Greece)
Prof Dr. Vasileios Kontogeorgakos (EMSOS, Greece)
Prof Dr. Andreas Mavrogenis (EMSOS, Greece)
Prof. Dr. Zoe Dailiana (FESSH Hand Trauma Committee, Greece)
Dr. Pierluigi Tos (FESSH Hand Trauma Committee Chair, Italy)
Prof Dr. Konstantinos Ditsios (FESSH, SECEC, Greece)
Prof. Dr. Carlos Torrens (SECEC, Spain)
Dr. Olgar Birsal (SECEC, Turkey)
Dr. Manos Fandridis (SECEC, Greece)
Dr. Athanasios Badekas (President of HAOST, EFAS, Greece)
Dr. Alexandros Eleftheropoulos (Treasurer of HAOST, EFAS, Greece)
Dr. Michael Iosifidis (President of the Hellenic Arthroscopic Association, Greece)
Dr. Nikolaos Kanakaris (Clinical Director, LEEDS Major Trauma Center, UK)

Confirmation is still awaited from many other prominent international speakers

Case Based Discussion Course

The Case Based Discussion is a course for advanced trainees, where members of the faculty will present clinical cases on topics similar to the lectures in the Basic Review Course. Only a small group of attendees can participate each time (max. 25). With these cases we will try to promote an interactive and creative discussion, simulating an exam. We have chosen faculty experienced with exams for this reason. Priority will be given to residents and fellows close to their national exams and/or to the EBOT Exam.